

## Our Mission Statement...

*"As lifelong practitioners of the martial arts, the instructors of Hartland Tae Kwon Do seek to provide the finest instruction in traditional and fundamentally-based Tae Kwon Do, self-defense and physical conditioning. Through the Tenets of Tae Kwon Do (Courtesy, Integrity, Perseverance, Self-Control, Indomitable Spirit), the school seeks to promote a holistic balance between body and mind in order to enhance personal growth."*



## Hello, Readers!

The new session is going strong! This past weekend, we had an awesome geup testing, where we saw Erin Ezell, Joshua Gallaty and Giovanni Trujillo break their first piece of cement! This is an amazing accomplishment, given the amount of force it takes to split an unforgiving piece of cement in two. After geup testing, the group gathered for a special Valentine's Day party. We have many exciting events coming up, including a Whaler's hockey night, tournaments, and this summer, black belt testing, where many of our members will be testing for their next rank! Details for these events are provided in this newsletter.

In other news, Bounce is now running an incredible special. Sign up for three classes offered at the gym, and you will receive the third one (and beyond) free! This special runs until April 30, 2009. This offer excludes any previous enrollments, and the free class(es) will apply to the lowest tuition amount. See the front desk for more details! Now is the time for you and your family to re-enroll. As always, we welcome any questions or comments you have.

Best Wishes,

Senior Master Tom Jakubczak  
Ms. Erin Copland, 3rd Dan

## Drop-In Hours

Need more help on your forms, take downs and knife defense? Have something special you need to work on? These hours are for you, and are included in your tuition!

Ms. Copland will hold special "drop-in hours" two afternoons a month. One section will be held on Monday afternoons, from 3:00-5:00 p.m., and the second will be Friday afternoons, from 2:00-4:00 p.m. The days of the hours will be announced in class the week before they are offered.

## Little Dragons Information

The Little Dragons are kicking higher and stronger by the day! This session, we are offering Little Dragons on both Monday and Thursday evening. Monday's class will be from 5:30-6:15 p.m., and will begin on **March 1, 2009** (the session fee will be

prorated because of the shortened class span). The Thursday class, which is held from 4:30 to 5:15 p.m. is **now running**. Interested 4-6 years olds are encouraged to join in on the fun!

## Inside this issue:

Little Dragons	1
Tournament Schedule	1
November Testing Results	2
February Testing Results	2
Black Belt Testing 2009	3
Inclement Weather Policy	3
Hockey Night	3
Geup Testing Questionnaires	3

## Upcoming Tournament Schedule

Hartland Tae Kwon Do plans to participate (depending on interest) in 3-4 tournaments over the coming months. These include:

1. March 7, 2009, State Qualifiers, hosted by Michigan State TKD Martial Art Commission, Garden City H.S. in Garden City, MI. Registration forms are available at the gym. Pre-registration is due by February 28, 2009.
2. April 25, 2009: Tournament in Kalamazoo, MI
3. May 16, 2009: Governor's Cup in Hartland, MI

This schedule will be added to as

soon as more tournament scheduling information becomes available!

Though sparring drills and matches may occur during any class, Tuesday night's advanced class will always hold some type of sparring practice. Remember, always bring your sparring gear (including mouth pieces) to class, regardless of the night!

*Don't have sparring gear?* We recommend sparring gear be purchased upon the acquirement of your solid yellow belt. Remember, sparring gear must be purchased from the program, as to promote uniformity and safety. We guarantee all our equipment to be of high quality, and will replace anything that proves to be defective.

### HTKD Website

Our website is a valuable tool for you to use! Visit [www.hartland-tkd.com](http://www.hartland-tkd.com) for an interactive calendar, photos, program information, etc.

Remember, students can visit the student section to get their curriculum and portfolio sheets. Please see either SM Jakubczak or Ms. Copland for login information!

## November 2008 Geup Testing

Congratulations to the following individuals who tested for their next rank on November 1, 2008:

Johnathon Ryan, 8th Geup  
Nick Morabito, 7th Geup  
Sarah Walker, 6th Geup  
Rachel Walker, 6th Geup  
Shane Sutton, 6th Geup

Bryce Sutton, 6th Geup  
Marianne Sutton, 6th Geup  
Craig Sutton, 6th Geup  
Noah George, 4th Geup  
John Spryshak, 4th Geup  
Jaclynn Spryshak, 4th Geup  
Joe Spryshak 4th Geup  
Gabriella Jakubczak, 3rd Geup  
Olivia Jakubczak, 3rd Geup

Alex Thiele, 2nd Geup  
Patty Thiele, 2nd Geup  
Juliana Jakubczak, 1st Geup  
Joshua Freshour, 1st Geup  
Joan Jakubczak, 1st Geup

## February 2009 Geup Testing

Congratulations to the following individuals who tested for their next rank on February 14, 2009:

Dylan McCrea, 9th Geup  
Evan Nalepka, 9th Geup  
Scott McCrea: 8th Geup  
Garrett Knowlton, 8th Geup

Johnathon Ryan, 7th Geup  
Nick Morabito, 5th Geup  
Sarah Walker, 5th Geup  
Noah George, 3rd Geup  
Joe Spryshak, 3rd Geup  
Jaclynn Spryshak, 3rd Geup  
John Spryshak, 3rd Geup

Erin Ezell, 1st Geup  
Joshua Gallaty, 1st Geup  
Giovanni Trujillo, 1st Geup

## Black Belt Testing 2009

Black belt testing is right around the corner! It is tentatively scheduled for the first week in August (review board will be held sometime in late June and early July). Candidates will be announced on April 2, 2009. A candidate meeting will be held on April 9, 2009 at 7:30 p.m. (immediately following class). This meeting is **required**.

This means that all those expecting to test should be participating in at least two classes per week. Advanced classes on Monday nights, from 7:30-8:30 p.m. are strongly encouraged for all brown belts (blue belts are more than

welcome to participate as well).

Remember, all candidates need to show a record of past tournament, demonstration and seminar participation. Students who will be the age of 15 on or by the testing review board date will need at least 25 instructing hours. Candidates can garner these hours during the Little Dragons and white belt classes.

More information is to follow over the coming weeks!

### Inclement Weather Policy:

What a crazy winter we have experienced thus far!

Please take note of Hartland Tae Kwon Do's inclement weather policy (in accordance with the gym):

The closing of the Hartland school district, or lack thereof, does not automatically indicate a cancellation of classes. If the weather appears to be unsafe for driving, the gym will contact you via telephone.

Drive safely!

*"Procrastination is the art of keeping up with yesterday."*

*-Don Marquis*

## Hockey Night in Plymouth

Attention all Hartland Tae Kwon Do Families, Young and Old, Current, Past (yes, you!) and Future: Come out and enjoy a good family night together and watch the Plymouth Whalers beat the Soo Greyhounds on Saturday, March 7, 2009!

The game starts at 7:05 p.m. Tickets can be purchased from Hartland TKD for \$8.00. Parking at the hockey arena is \$5.00. Please RSVP to Ms. Copland by Thursday, February 26, 2009. Shooter, the Whaler's mascot (which resemble that of a black,

skinny whale), will be at the game!

Compuware Sports Arena is located at 14900 Beck Road in Plymouth Township (between M-14 and 5 Mile Road). Flyers are available at the gym!

## New Geup Testing Candidate Parent & Teacher Questionnaires

The program has implemented a new policy for all geup testing candidates. Each geup candidate who is between in kindergarten-8th grade will be required to have their homeroom teacher and a parent/guardian complete a questionnaire. These questionnaires will ask parents to comment on the child's home/school self-discipline, overall attitude, confidence, behavior,

homework completion, etc. We hope that our students are gaining not only martial arts techniques, but skills that will facilitate personal growth. This will be provided at least two week before the geup testing date, and will be attached to a letter that notifies you of your child's eligibility/general testing information and the registration form. If you have any questions,

comments or concerns, please do not hesitate to ask.



**bounce** 