

summer 2009 • walking thru kindergarten gymnastics, tumbling and fitness



June 22 - August 27

MONDAY

5:30 pm 3's
5:30 pm Intro to Girls
6:30 pm 4's
6:30 pm Super-Roos

TUESDAY

10:30 am 2's
10:30 am 4's
11:30 am Super Roos
11:30 am Tiny Tumblers

5:30 pm 3's
5:30 pm 5K
6:30 pm 2's
6:30 pm 4-5K

WEDNESDAY

10:30 am 2's
10:30 am 5K
11:30 am 4's
11:30 am 3's

5:30 pm 3's
5:30 pm Intro to Girls
6:30 pm 2's
6:30 pm Super-Roo's

THURSDAY

10:30 am 2's
10:30 am 4-5K
11:30 am 3's
11:30 am Intro to Girls

No Classes On
Friday or Saturday!

SUMMER FLEX SCHEDULE

Back by popular demand.... We will hold 10 weeks of summer classes. You choose your class, how many weeks you would like, and simply come that many times this summer - it is that easy!

For example: sign up for 6 weeks of Wednesday 10:30 am and you will come to your designated class ANY 6 times during June 22 - August 27. You do not even have to let us know which weeks you will attend. This allows for vacations and impromptu sunny day play dates.

MAKE UP POLICY
NO MAKE-UPS IN THE SUMMER



All classes are subject to change.
Please call for exact availability!

please read additional information on back

PARENT ASSISTED CLASSES

TWO's

Using creative play and nurturing instruction, parents and their toddlers are introduced to the magic of gymnastics. Age-appropriate activities and a flexible class environment provide parent and child with the freedom to explore and enjoy movement individually. (45 min)

THREE's

Each class is infused with gymnastic fundamentals, creative movement, and progressive concepts designed to encourage the development of general athleticism. Parental involvement is gradually decreased through enticing activities with love and understanding. (45 min)

KIDS GO-IT-ALONE

FOUR's

Let us lavish praise on your fab 4 year old as we teach more advanced gymnastics. Develop hand-eye coordination, improved strength, gross motor proficiency, flexibility & FUN! (45 min)

FIVE's - Kindergarten (5K)

Designed to raise each child's level of confidence with loving encouragement to go beyond their own expectations. While kids build motor skills, they will also show improvement in social and intellectual skills, along with listening skills, attention span, and the ability to follow directions. We are confident our unique curriculum prepares your child for a lifetime of success. (45 min)

INTRO TO GIRLS Gymnastics (ages 5 & 6)

While kids build motor skills, they will also show improvement in social and intellectual skills, along with listening skills, attention span, and the ability to follow directions. Girls will rotate around floor, bars, beam, and vault. No preschool equipment. This class transitions girls to "big kid" equipment. (45 min)

TINY TUMBLERS (4 - 5k)

For boys and girls. This beginning tumbling class is all about learning on how to flip and tumble. Learn SAFE progressions for trampoline, mini-tramp and floor tumbling.

SUPER-ROOS

INVITATION ONLY. Designed for girls with previous gymnastics experience who have demonstrated talent and desire to continue at a more challenging level. A child must be recommended by a coach for this class. (45 min)

SUGGESTED: 2 DAYS A WEEK HIGHLY RECOMMENDED.

summer FLEX tuition

June 22 - August 27

Session Fee:

	1 day/wk 50 min	2 day/wk 50 min	1 day/wk 80 min	2 days/wk 80 min
6 weeks	\$75	\$125	\$105	\$176
8 weeks	\$99	\$158	\$132	\$226
10 weeks	\$120	\$195	\$155	\$270

Registration Fee:

Waived for Summer

Refund policy:

If within your child's first 30 days at Bounce you are not satisfied for any reason, we will cheerfully refund 100% of your tuition for your entire first term. If after your child's first 30 days at Bounce you need to withdraw, we will be more than happy to extend an account credit. All refund requests must be made in writing and within the *current session your child is enrolled*. Refunds and account credits will be processed within 30 days of written cancellation. Absolutely NO refunds are given on punch cards (Open Gym, Drop In, Private/Semi Lessons, and Rec Team Optional). Please see office staff for account credit details.

810.632.7222 ext 25

www.hartlandsportscenter.com

bounce
DANCE • GYMNASTICS • CHEER

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June 22 - August 27



how to register:

Call the gym with your preferred day and time and register with a credit card.

All families are encouraged to enroll as soon as you choose your preferred day and time.

call 810-632-7222 ext 25

www.hartlandspartscenter.com

about the program:

Director:

Jannette Hansard

Mother of three, and a former competitive gymnast, Jannette has grown our preschool gymnastics program into one of the finest we have ever seen.

Jannette has combined techniques from professionals all over the country, and regularly attends national seminars specializing in preschool-aged gymnastics.

The Program:

Your child will benefit from a top-notch, creative curriculum, combining strength and flexibility for the upper and lower body as well as overall balance, stability and confidence.

We have innovative themes that incorporate gymnastics skills into fun-based learning (ssshhh... do not tell the kids they are learning - they think they are just having loads of fun). We will keep the secret if you will!

what do they do in class?

Our classes teach gymnastics (forward & backward rotation, cartwheels, depth perception, etc) in a FUN environment.

The importance of having "fun" present in a learning environment is sometimes overlooked. Adults often feel that when fun is present, learning is not. But nothing could be farther from the truth! We help to make a neurological connection between fun and learning (challenge=risk=learning=fun & excitement).

Setting a standard for your child at a formative age can establish a lifetime of positive physical activity! There is no second chance to form positive learning attitudes than the preschool years, and at BOUNCE we place high priority on their curriculum.

general info:

Attire:

Girls: leotards, hair pulled back, off face & shoulders, barefoot.

Boys: shorts and tucked-in t-shirt, barefoot

Other:

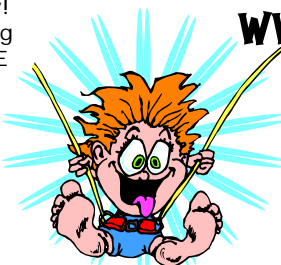
- **All participants must have a parent-signed release form on file to participate in class.**
- If your child is over 6, you may leave the gym during class time, as long as the staff has an up-to-date cell phone number
- Children are to be picked up promptly at the end of class
- Tuition must be paid in full prior to enrollment
- Children should place their belongings in cubby holes upon entering gym
- Children must wait on the benches until their coach calls their class to the gym area
- Children are not allowed to be in the gym area when they are not in a supervised class.

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